

## ASTI I/ITEC 5K OVERALL RESULTS

Wed Dec 4, 2019...Orlando Fl cool with a slight breeze

Position	Bib	Name	TIME	Pace	Gender
1	570	VICTOR HUNG	18:05.8	5:50	M
2	577	ERIC JONES	19:02.3	6:08	M
3	586	STEFFEN KROTZ	19:22.9	6:15	M
4	818	PHILIP PASCOE	19:34.1	6:19	M
5	575	JUSTIN JEPKES	19:52.6	6:25	M
6	842	KEVIN SOMMER	20:28.2	6:36	M
7	844	ROD STAFFORD	20:35.4	6:38	M
8	530	ERIN DEMCHKO	20:58.1	6:46	F
9	843	PETER SORENSEN	21:08.5	6:49	M
10	870	NIELS DE JONGE	21:24.5	6:54	M
11	856	MELISSA UNRATH	21:26.8	6:55	F
12	1006	AUSTIN JOHNSTON	21:28.8	6:55	M
13	804	LUKE NELSON	21:33.1	6:57	M
14	851	NICK TAYLOR	21:36.5	6:58	M
15	553	GLENN GUNZELMANN	21:39.9	6:59	M
16	866	JONATHAN READ	21:43.8	7:00	M
17	572	LARS JANSSON	21:45.4	7:01	M
18	1008	ALEXANDER BOWEN	21:45.6	7:01	M
19	881	CARLOS KAVETSKY	21:45.9	7:01	M
20	547	DOUG GILL	21:48.2	7:02	M
21	1020	JOHN COUCH	21:52.0	7:03	M
22	1010	PHILLIP DAVIES	21:57.9	7:05	M
23	596	ROB MCCULLOUGH	21:57.9	7:05	M
24	898	KAYLA HORVAT	22:00.6	7:06	F
25	1018	ERIC SIKORSKI	22:05.3	7:07	M
26	576	RYAN JOBMAN	22:13.2	7:10	M
27	892	ELLA PHILLIPS	22:28.6	7:15	F
28	837	NOAH SCOTT	22:31.7	7:16	M
29	896	NICK BURGART	22:34.8	7:17	M
30	555	DAVID HABER	22:51.2	7:22	M
31	865	LAUREN GALLEGO	22:53.0	7:23	F
32	514	JEAN-MICHEL BRIERE	22:57.4	7:24	M
33	874	MICHAEL VAN LENT	22:58.1	7:25	M
34	505	MARTY BINK	22:58.4	7:25	M
35	539	PAUL ENSOGNA	22:58.8	7:25	M
36	520	SEBASTIAN CICHOWSKI	22:59.8	7:25	M
37	507	RICO BLOEMBERG	23:02.3	7:26	M
38	552	NATASHA GUINDY	23:03.2	7:26	F
39	891	JON LLOYD	23:06.1	7:27	M
40	527	MARK DANIEL	23:11.3	7:29	M
41	1014	MATHIAS GASSEN	23:20.6	7:32	M
42	827	ALEC RASMUSSEN	23:33.3	7:36	M
43	598	JOE MERCADO	23:46.1	7:40	M
44	503	MIKE ANTHONY	23:46.7	7:40	M

45	831	JOSEPH SABBIA	23:48.1	7:41	M
46	508	STUART BLUNDELL	23:54.2	7:43	M
47	847	ERIC STOPPER	23:55.9	7:43	M
48	582	ADAM KINGSBOROUGH	23:56.3	7:43	M
49	838	BARRY SHADDIX	24:05.6	7:46	M
50	583	CAROLINE KINGSLEY	24:19.4	7:51	F
51	882	IAN ARMSTRONG	24:21.3	7:51	M
52	580	SEAN KENNEDY	24:25.4	7:53	M
53	600	THOMAS MONAGHAN	24:31.4	7:55	M
54	894	MICHAEL DIAZ	24:32.5	7:55	M
55	853	ANDY TIDESWELL	24:38.6	7:57	M
56	506	ANTHONY BLANKENSHIP	24:39.8	7:57	M
57	589	THOMAS LARSEN	24:40.7	7:57	M
58	579	DAVID JUNCA	24:41.5	7:58	M
59	1007	KEITH BIGGERS	24:42.0	7:58	M
60	516	SCOTT BYERS	24:42.0	7:58	M
61	841	CANDICE SNOW	24:45.5	7:59	F
62	1011	ANDREW GURGANUS	24:52.9	8:01	M
63	876	CONOR MCKENNA	24:53.8	8:02	M
64	806	STEPHEN NEMETHY	25:05.8	8:05	M
65	825	HENRY PHILLIPS	25:10.8	8:07	M
66	864	CRAIG ZYSK	25:17.7	8:09	M
67	893	KEVIN GLUCK	25:19.5	8:10	M
68	883	JOHN SHEPHERD	25:22.1	8:11	M
69	524	BRIGHAM COOK	25:24.8	8:12	M
70	559	SHAWN HANSEN	25:28.2	8:13	M
71	871	CHARLES GILKINSON	25:34.6	8:15	M
72	562	TIM HILL	25:34.8	8:15	M
73	807	BILL NICHOLS	25:38.0	8:16	M
74	900	UNKNOWN UNKNOWN515	25:40.1	8:17	M
75	536	MIKE DURANT	25:43.3	8:18	M
76	999	ISREAL SANCHEZ	25:43.4	8:18	M
77	855	DUKE TUCKER	25:43.6	8:18	M
78	890	ARNON MADSEN	25:45.5	8:18	M
79	839	ANDREW SILHANEK	25:52.1	8:21	M
80	854	JEFF TRIPP	25:54.9	8:21	M
81	1009	RICH KRETZSCHMAR	25:56.8	8:22	M
82	535	JENNIFER DUFF	26:25.2	8:31	F
83	819	REGAN PATRICK	26:25.2	8:31	M
84	861	SEONGMIN YANG	26:25.4	8:31	M
85	511	ANDREW BORCZAK	26:27.1	8:32	M
86	897	JEFFREY HATZEL	26:29.4	8:33	M
87	556	JOSHUA HALEY	26:30.3	8:33	M
88	879	KIRK COKER	26:31.4	8:33	M
89	599	SARA MEYER	26:36.5	8:35	F
90	846	BRIAN STENSRUD	26:40.2	8:36	M
91	1013	GRAHAM UPTON	26:42.2	8:37	M

92	803	DAVID MOTSON	26:47.1	8:38	M
93	564	HENRIK HØJER	26:53.9	8:40	M
94	849	LISA SULLIVAN	27:01.9	8:43	F
95	1017	ED PARKINSON	27:14.3	8:47	M
96	501	GREG AMEND	27:15.5	8:47	M
97	850	JEFF TASSERON	27:25.0	8:51	M
98	823	OLAF PETERS	27:26.7	8:51	M
99	859	DANNY WILLIAMS	27:27.5	8:51	M
100	1012	ALICIA DATZMAN	27:30.1	8:52	F
101	826	GREG POE	27:53.2	9:00	M
102	592	MATT MARTIN	27:53.2	9:00	M
103	569	KEVIN HULME	27:58.3	9:01	M
104	895	MARTIN BUSHIKA	28:00.8	9:02	M
105	568	KAREN HULME	28:05.1	9:04	F
106	872	DAVID CONNELL	28:23.4	9:09	M
107	502	JANELLE ANTHONE	28:28.7	9:11	F
108	889	HENRIK RYBERG	28:28.9	9:11	M
109	529	SHARON DEARMAN	28:42.3	9:15	F
110	817	STEVEN PASCAL	28:43.7	9:16	M
111	515	DOUG BROCKHARD	28:46.0	9:17	M
112	574	MARTIN JENSEN	28:55.0	9:20	M
113	887	ALEXEY KHRAMTSOV	28:56.9	9:20	M
114	512	JEFF BOTT	28:59.9	9:21	M
115	835	SUSAN SCHEMMEL	29:04.2	9:23	F
116	1019	TROY TITAMBE	29:04.2	9:23	M
117	867	KIRK ROETMAN	29:36.5	9:33	M
118	510	LAURA BOHNERT	29:44.2	9:35	F
119	1015	JAMES MERCHANT	30:08.4	9:43	M
120	845	ALISON STEIN	30:59.0	10:00	F
121	595	BRIAN MCCARTHY	31:00.9	10:00	M
122	513	JAMES BOWERS	31:02.5	10:01	M
123	521	JONATHAN CLARK	31:18.7	10:06	M
124	571	SOSUKE IWAMI	31:20.2	10:06	M
125	1000	MEGHAN SORENSON	31:24.3	10:08	F
126	873	ALEXANDRA STEINER	31:34.0	10:11	F
127	885	THOMAS MELI	32:08.6	10:22	M
128	542	KIERA FEGAN	32:23.2	10:27	F
129	888	GAVIN NEWSON	32:27.2	10:28	M
130	534	KATHLEEN DOUGHERTY	32:31.4	10:29	F
131	544	LINDSEY FRISCO	32:40.7	10:32	F
132	565	BOB HOLCOMB	32:48.1	10:35	M
133	532	IVAN ANDRES DIAZ LOPEZ	32:48.1	10:35	M
134	863	LEIGH YU	33:10.8	10:42	M
135	857	KEVIN VIZZARRI	33:24.7	10:46	M
136	852	MICHAEL THORSEN	33:26.6	10:47	M
137	802	IVAN MORENO MORENO	33:27.8	10:47	M
138	558	LIONEL HAMILTON	33:32.2	10:49	M

139	548	JEFF GOLDFINGER	33:45.5	10:53	M
140	517	TAWNIA CARLSON	35:02.1	11:18	F
141	832	JEFFREY SALLEE	35:53.8	11:35	M
142	862	TOM YANOSCHIK	37:36.3	12:08	M
143	504	ROGER AZEVEDO	39:47.9	12:50	M
144	537	BRENDA DUVALL	40:07.4	12:56	F
145	830	SHELTON RICKS	40:13.3	12:58	M
146	816	DC OSTEEN	40:33.8	13:05	M
147	561	ROBERT HILL	41:28.8	13:23	M
148	858	SCOTT WEAVER	41:57.1	13:32	M
149	591	CHRIS LINDSEY	42:18.0	13:39	M
150	1016	JAMES JARRETT	43:41.8	14:05	M
151	563	JEFFREY HODGES	43:56.9	14:10	M
152	593	ADAM MARZEC	43:59.5	14:11	M
153	813	JOAN ORTEGA	44:28.4	14:21	F
154	878	DIANE FOURNIER	45:09.0	14:34	F
155	531	GABRIEL DIAZ	45:16.5	14:36	M
156	814	RACHAEL ORZECOWSKI	45:16.8	14:36	F
157	573	JAMES JENISTA	48:01.6	15:29	M
158	550	LIZ GORY	48:55.6	15:47	F
159	549	GIULIANA GORY	48:56.1	15:47	F
160	810	JIM NORTON	48:56.3	15:47	M
161	523	BRADLEY COLLINS	49:29.4	15:58	M
162	808	ERIC NICHOLSON	51:22.5	16:34	M
163	812	CHARLES OLMSTEAD	51:31.2	16:37	M
164	581	SKYLER KING	51:31.3	16:37	M
165	848	JULIE SUERETH	51:42.5	16:41	F
166	833	SOURABH SAPTARSHI	51:52.5	16:44	M
167	860	KATHERINE WITBECK	51:57.2	16:45	F
168	546	JEAN GIGLIO	51:57.4	16:45	F
169	587	SOPHIA KUPERVASER-GOULD	51:57.6	16:45	F
170	545	DEBORAH FULLFORD	51:57.9	16:45	F
171	525	ANDREW CORBETT	52:25.1	16:55	M
172	828	JEREMY REDDOCH	52:32.0	16:57	M
173	834	RANDY SCANLAN	52:33.1	16:57	M
174	585	NATHAN KLOSE	52:33.3	16:57	M
175	528	KAYE DARONE	55:53.0	18:02	F