



SUNSHINE FESTIVAL RACE

THURSDAY JULY 4, 2019

Presented by Golden Isles Track Club

5K RACE STARTS AT 7:30 AM

1 MILE FUN RUN STARTS AT 7:00 AM

Race and Award Ceremony: 601 Mallery St. Mallery Park, near Village on St. Simons Island

Registration	Prior to June 1	June 1- July 2	July 2- Race Day
1 Mile Fun Run	\$15	\$20	\$25
5K	\$25	\$30	\$35

Mail to: Sunshine Festival Run, 3800 Sandy Shores Dr., Jacksonville Fl 32277
Make checks payable to: Golden Isles Track
Register on-line at SunshineFestivalofRaces5k1mile.itsyourrace.com

Packet Pick up: Wednesday July 3rd - St. Simons Presbyterian Church at 250 Kings Way 2pm - 6pm
Thursday, July 4 race site registration 6:00 AM – 6:45 AM

1 Mile Fun Run: Awards for the first three male and first three female finishers age 14 & under.

Awards for 5K Race: Overall Male & Female, Masters Male & Female (40-49), Grand Masters Male & Female (50-59), plus Senior Grand Masters Male & Female (60 & over). Top three males & females in each of the following age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over. Award for largest team.

Please circle: 5K or 1 mile Circle shirt size: Youth: **M L** or Adult: **S M L XL XXL** or Ladies Tank: **S M L**

T-shirt: Only participants registered before June 25th are guaranteed a shirt.

Name: _____ Team _____

Sex: M or F Age: _____ Date of Birth: ____/____/____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email _____

I know that running a road race is potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. **I understand that headphones, dogs, strollers, baby joggers, or roller blades are NOT allowed in this race and that insurance policy requires immediate disqualification of any participant violating these rules. I also understand that no refunds will be given, if I am unable to participate in race.** I hereby grant full permission to any and all the foregoing to use photos, videos, and any other record of this event for any purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Golden Isles Track Club (GITC), Glynn County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (Signature of Parent or Guardian if under 18) _____ Date _____

Disposable bib Chip Timing by Milestone Race Authority & USATF certified course.